



Pollo Regio attempts to provide nutrition and ingredient information regarding its products that is as complete as possible. Some menu items may not be available at all restaurants; test products, test formulations or regional items have not been included. While the ingredient information is based on standard product formulations, variations may occur depending on the local supplier, the region of the country and the season of the year. Further, product formulations change periodically. Serving sizes may vary from quantity upon which the analysis was conducted. Nutritional Facts data for entrees do not include calories from sides, add-ons, salsas or others. Serving size designation for beverages refers to total cup capacity; the actual amounts of beverage (and ice) may vary. No products are certified as vegetarian; all products may contain trace amounts of ingredients derived from animals. This listing is continuously updated in an attempt to reflect the current status of our products and may vary from printed materials. **Values based off of a 2,000 calorie diet, but calorie needs vary. Additional info available on request.

The allergen information displayed on this site is based on standard product formulations. Variations may occur due to differences in suppliers, ingredient substitutions, recipe revisions, and / or product production at the restaurant. Some Menu items may not be available at all restaurants. Limited time offers, test products, or regional items have not been included.

Nutritional Information													Allergens									
NUTRITIONAL GUIDE	Serving size (g)	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbs (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)		Egg	Fish	Milk	Peanut	Shellfish	Soy	Tree Nut	Wheat	
	# 1 Grilled Chicken 4 PC	372	720	312	35	17	0	316	2115	5	1	2	98		No	No	No	No	No	Yes	No	No
	# 1 Grilled Chicken 4 PC - BBQ	480	900	312	35	17	0	316	3285	53	1	41	98		No	No	No	No	No	Yes	No	No
	# 1 Grilled Chicken 4 PC - Buffalo	468	750	312	35	17	0	316	4515	5	1	2	98		No	No	No	No	No	No	No	No
	# 2 Regio Platter Pastor	443	812	415	49	23	0	220	1707	20	6	6	74		No	No	No	No	No	Yes	No	No
	# 2 Regio Platter Bistec	487	929	579	67	29	0	222	561	10	2	5	65		No	No	No	No	No	Yes	No	No
	# 2 Regio Platter Barbacoa	434	823	542	62	25	0	193	3379	14	2	5	50		No	No	No	No	No	Yes	No	No
	# 2 Regio Platter Carne Asada	452	835	516	60	26	0	197	816	10	2	5	58		No	No	No	No	No	Yes	No	No
	# 3 Loaded Potato Pastor	1014	1603	518	82	36	0	222	2119	142	15	12	76		No	No	Yes	No	No	Yes	No	No
	# 3 Loaded Potato Grilled Chicken	954	1380	324	61	26	0	198	1842	136	13	12	75		No	No	Yes	No	No	Yes	No	No
	# 3 Loaded Potato Bistec	1040	1673	616	93	39	0	223	1432	136	13	12	70		No	No	Yes	No	No	Yes	No	No
	# 3 Loaded Potato Barbacoa	1008	1609	593	90	37	0	206	3123	139	13	12	61		No	No	Yes	No	No	Yes	No	No
	# 3 Loaded Potato Carne Asada	1019	1617	578	89	37	0	209	1585	136	13	12	66		No	No	Yes	No	No	Yes	No	No
	# 4 Chicken Flautas	403	1069	480	67	21	0	113	440	81	14	6	33		No	No	Yes	No	No	Yes	No	No
	# 5 Regio Salad Grilled Chicken	432	658	336	48	16	0	123	1512	20	8	4	39		Yes	No	Yes	No	No	No	No	No
	# 5 Regio Salad Crispy Chicken	533	866	388	55	15	0	114	2912	54	10	4	40		Yes	No	Yes	No	No	No	No	Yes
	# 6 Tostada Siberia	407	769	331	48	17	0	101	438	64	11	5	14		No	No	Yes	No	No	No	No	No
	# 7 Mexican Burger Double Patty	372	891	210	50	16	1	126	1230	60	3	7	45		No	No	Yes	No	No	Yes	No	Yes
	# 7 Mexican Burger Single Patty	321	767	134	42	12	0	92	1190	60	3	7	34		No	No	Yes	No	No	Yes	No	Yes
# 8 Tacos Corn Beans	627	1056	413	46	13	0	37	729	135	24	5	28		No	No	No	No	No	No	No	No	
# 8 Tacos Corn Pastor	639	1537	712	79	34	0	247	1493	122	15	4	88		No	No	No	No	No	No	No	No	

# 8 Tacos Corn Grilled Chicken	540	1166	389	43	17	0	206	1030	112	12	3	86		No	No	No	No	No	No	No
# 8 Tacos Corn Bistec	683	1292	718	79	36	0	222	1380	69	5	3	73		No	No	No	No	No	No	No
# 8 Tacos Corn Barbacoa	630	1549	839	92	36	0	219	3165	116	12	3	63		No	No	No	No	No	No	No
# 8 Tacos Corn Carne Asada	648	1560	813	90	37	0	224	601	112	12	3	71		No	No	No	No	No	Yes	No
# 8 Tacos Flour Beans	537	1199	655	72	32	0	197	1634	70	5	3	66		No	No	No	No	No	No	Yes
# 8 Tacos Flour Pastor	514	1120	571	62	28	0	198	2319	71	5	3	70		No	No	No	No	No	No	Yes
# 8 Tacos Flour Grilled Chicken	516	694	254	27	9	0	10	1762	93	18	5	23		No	No	No	No	No	No	Yes
# 8 Tacos Flour Bistec	528	1175	554	61	30	0	220	2526	79	9	4	83		No	No	No	No	No	No	Yes
# 8 Tacos Flour Barbacoa	429	804	231	25	13	0	179	2063	69	5	3	81		No	No	No	No	No	No	Yes
# 8 Tacos Flour Carne Asada	572	1292	718	79	36	0	222	1380	69	5	3	73		No	No	No	No	No	Yes	Yes
#8 Taco Corn Beans	125	211	83	9	3	0	7	146	27	5	1	6		No	No	No	No	No	No	No
#8 Taco Corn Pastor	128	307	142	16	7	0	49	299	24	3	1	18		No	No	No	No	No	No	No
#8 Taco Corn Grilled Chicken	108	233	78	9	3	0	41	206	22	2	1	17		No	No	No	No	No	No	No
#8 Taco Corn Bistec	137	258	144	16	7	0	44	276	14	1	1	15		No	No	No	No	No	No	No
#8 Taco Corn Barbacoa	126	310	168	18	7	0	44	633	23	2	1	13		No	No	No	No	No	No	No
#8 Taco Corn Carne Asada	130	312	163	18	7	0	45	120	22	2	1	14		No	No	No	No	No	Yes	No
#8 Taco Flour Beans	107	240	131	14	6	0	39	327	14	1	1	13		No	No	No	No	No	No	Yes
#8 Taco Flour Pastor	103	224	114	12	6	0	40	464	14	1	1	14		No	No	No	No	No	No	Yes
#8 Taco Flour Grilled Chicken	103	139	51	5	2	0	2	352	19	4	1	5		No	No	No	No	No	No	Yes
#8 Taco Flour Bistec	106	235	111	12	6	0	44	505	16	2	1	17		No	No	No	No	No	No	Yes
#8 Taco Flour Barbacoa	86	161	46	5	3	0	36	413	14	1	1	16		No	No	No	No	No	No	Yes
#8 Taco Flour Carne Asada	114	258	144	16	7	0	44	276	14	1	1	15		No	No	No	No	No	Yes	Yes
# 9 Regio Bowl Pastor	781	1292	482	70	28	0	213	3775	93	10	4	69		No	No	No	No	No	No	No
# 9 Regio Bowl Grilled Chicken	721	1069	288	49	18	0	188	3497	87	8	3	68		No	No	No	No	No	No	No
# 9 Regio Bowl Bistec	807	1362	581	81	31	0	214	3087	87	8	3	64		No	No	No	No	No	No	No
# 9 Regio Bowl Barbacoa	775	1298	558	78	29	0	196	4778	90	8	3	55		No	No	No	No	No	No	No
# 9 Regio Bowl Carne Asada	786	1306	543	77	29	0	199	3240	87	8	3	59		No	No	No	No	No	Yes	No
# 9 Regio Bowl No meat(s)	594	848	238	43	14	0	81	2899	87	8	3	25		No	No	No	No	No	No	No
# 10 Torta Pastor	712	1441	301	94	24	0	194	2409	85	14	5	65		Yes	No	Yes	No	No	No	Yes
# 10 Torta Grilled Chicken	652	1218	108	72	14	0	170	2131	79	11	4	64		Yes	No	Yes	No	No	No	Yes
# 10 Torta Bistec	739	1511	400	105	27	0	195	1721	79	11	4	60		Yes	No	Yes	No	No	No	Yes
# 10 Torta Barbacoa	707	1448	377	102	25	0	177	3412	81	12	5	51		Yes	No	Yes	No	No	No	Yes

# 10 Torta Carne Asada	717	1455	362	100	26	0	180	1874	79	11	4	55		Yes	No	Yes	No	No	Yes	No	Yes
# 11 Quesadilla Pastor	613	1383	332	78	40	0	251	2562	28	6	4	75		No	No	Yes	No	No	No	No	Yes
# 11 Quesadilla Grilled Chicken	554	1160	138	56	30	0	226	2284	22	3	3	74		No	No	Yes	No	No	No	No	Yes
# 11 Quesadilla Bistec	640	1453	430	89	43	0	252	1874	22	3	3	69		No	No	Yes	No	No	No	No	Yes
# 11 Quesadilla Barbacoa	608	1390	407	86	41	0	234	3565	25	4	3	60		No	No	Yes	No	No	No	No	Yes
# 11 Quesadilla Carne asada	619	1397	392	84	41	0	237	2027	22	3	3	65		No	No	Yes	No	No	Yes	No	Yes
# 11 Quesadilla No meat(s)	426	939	88	51	26	0	119	1686	22	3	3	31		No	No	Yes	No	No	No	No	Yes
Grilled Chicken 8 PC	744	1441	624	69	35	0	633	4229	10	2	5	195		No	No	No	No	No	No	No	No
Grilled Chicken 8 PC - BBQ	961	1801	624	69	35	0	633	6569	106	2	83	195		No	No	No	No	No	Yes	No	No
Grilled Chicken 8 PC - Buffalo	935	1501	624	69	35	0	633	9029	10	2	5	195		No	No	No	No	No	No	No	No
Grilled Chicken 12 PC	1116	2161	936	104	52	0	949	6344	15	3	7	293		No	No	No	No	No	No	No	No
Grilled Chicken 12 PC - BBQ	1441	2701	936	104	52	0	949	9854	159	3	124	293		No	No	No	No	No	Yes	No	No
Grilled Chicken 12 PC - Buffalo	1403	2251	936	104	52	0	949	13544	15	3	7	293		No	No	No	No	No	No	No	No
Grilled Chicken 16 PC	1488	2882	1249	139	69	0	1266	8458	21	4	9	390		No	No	No	No	No	No	No	No
Grilled Chicken 16 PC - BBQ	1922	3602	1249	139	69	0	1266	13138	213	4	165	390		No	No	No	No	No	Yes	No	No
Grilled Chicken 16 PC - Buffalo	1871	3002	1249	139	69	0	1266	18058	21	4	9	390		No	No	No	No	No	No	No	No
Loaded Nachos Pastor	924	1425	452	72	25	0	194	4255	127	27	18	66		No	No	Yes	No	No	Yes	No	No
Loaded Nachos Grilled Chicken	864	1202	258	50	15	0	169	3977	121	25	17	65		No	No	Yes	No	No	Yes	No	No
Loaded Nachos Bistec	950	1495	550	83	28	0	195	3567	121	25	17	60		No	No	Yes	No	No	Yes	No	No
Loaded Nachos Barbacoa	918	1432	528	80	26	0	177	5258	123	25	17	51		No	No	Yes	No	No	Yes	No	No
Loaded Nachos Carne asada	929	1439	512	78	27	0	180	3720	121	25	17	56		No	No	Yes	No	No	Yes	No	No
Loaded Nachos No meat(s)	737	981	208	45	11	0	62	3379	121	25	17	22		No	No	Yes	No	No	Yes	No	No
Loaded Fries Pastor	1012	1953	591	125	42	0	221	12219	140	13	20	67		No	No	Yes	No	No	Yes	No	Yes
Loaded Fries Grilled Chicken	953	1730	398	103	32	0	197	11941	134	11	19	66		No	No	Yes	No	No	Yes	No	Yes
Loaded Fries Bistec	1039	2023	690	136	45	0	222	11531	134	11	19	61		No	No	Yes	No	No	Yes	No	Yes
Loaded Fries Barbacoa	1007	1959	667	133	43	0	205	13222	137	11	19	53		No	No	Yes	No	No	Yes	No	Yes
Loaded Fries Carne Asada	1017	1967	652	132	44	0	208	11684	134	11	19	57		No	No	Yes	No	No	Yes	No	Yes
Loaded Fries No meat(s)	825	1509	348	98	28	0	89	11343	134	11	19	23		No	No	Yes	No	No	Yes	No	Yes
Chips and Guacamole	351	260	0	23	0	0	0	395	17	12	0	0		No	No	No	No	No	No	No	No

3 Chicken tender(s)	255	540	180	21	3	0	90	2790	51	3	0	33		No	No	No	No	No	No	No	Yes
4 Chicken tender(s)	340	720	240	28	4	0	120	3720	68	4	0	44		No	No	No	No	No	No	No	Yes
5 Chicken tender(s)	425	900	300	35	5	0	150	4650	85	5	0	55		No	No	No	No	No	No	No	Yes
Kid Quesadilla	108	320	57	16	9	0	40	620	29	1	0	17		No	No	Yes	No	No	Yes	No	Yes
Cajeta churro(s)	98	338	0	17	3	0	15	460	38	1	14	6		Yes	No	Yes	No	No	Yes	No	Yes
Cream churro(s)	97	298	0	0	3	0	10	460	32	1	7	5		Yes	No	Yes	No	No	Yes	No	Yes
COCA COLA 1/2 LT (24 CT)	500	84	0	0	0	0	0	20	21	0	21	0		No	No	No	No	No	No	No	No
BOTTLE WATER 20 OZ (24 CT)	591	0	0	0	0	0	0	0	0	0	0	0		No	No	No	No	No	No	No	No
Horchata Agua Fresca Small	591	267	0	60	60	0	0	600	640	0	580	0		No	No	No	No	No	No	No	No
Pineapple Agua Fresca Small	591	267	0	0	0	0	0	200	820	0	800	0		No	No	No	No	No	No	No	No
Jamaica Agua Fresca Small	591	217	0	0	0	0	0	100	680	0	660	0		No	No	No	No	No	No	No	No
Horchata Agua Fresca Large	946	427	0	96	96	0	0	960	1024	0	928	0		No	No	No	No	No	No	No	No
Pineapple Agua Fresca Large	946	427	0	0	0	0	0	320	1312	0	1280	0		No	No	No	No	No	No	No	No
Jamaica Agua Fresca Large	946	347	0	0	0	0	0	160	1088	0	1056	0		No	No	No	No	No	No	No	No
Big Red Fountain Small	591	190	0	0	0	0	0	38	48	0	48	0		No	No	No	No	No	No	No	No
Pepsi Zero Fountain Small	591	290	0	0	0	0	0	110	77	0	75	0		No	No	No	No	No	No	No	No
Orange Crush Fountain Small	591	270	0	0	0	0	0	120	72	0	71	0		No	No	No	No	No	No	No	No
Manzanita Sol Fountain Small	591	267	0	0	0	0	0	57	73	0	71	0		No	No	No	No	No	No	No	No
Tropicana Fruit Punch Fountain Small	360	70	0	0	0	0	0	60	18	0	18	0		No	No	No	No	No	No	No	No
Starry Fountain Small	591	240	0	0	0	0	0	55	65	0	65	0		No	No	No	No	No	No	No	No
Diet Pepsi Fountain Small	591	0	0	0	0	0	0	60	0	0	0	0		No	No	No	No	No	No	No	No
Pepsi Fountain Small	591	250	0	0	0	0	0	55	69	0	69	0		No	No	No	No	No	No	No	No
Sweet Iced Tea Fountain Small	600	117	0	0	0	0	0	92	30	0	30	0		No	No	No	No	No	No	No	No
Unsweet Iced Tea Fountain Small	600	0	0	0	0	0	0	83	0	0	0	0		No	No	No	No	No	No	No	No
Dr Pepper Fountain Small	360	70	0	0	0	0	0	40	18	0	18	0		No	No	No	No	No	No	No	No
Tropicana Lemonade Fountain Small	360	150	0	0	0	0	0	150	40	0	40	0		No	No	No	No	No	No	No	No

Big Red Fountain Large	946	304	0	0	0	0	0	60	76	0	76	0		No	No	No	No	No	No	No
Orange Crush Fountain Large	946	432	0	0	0	0	0	192	115	0	114	0		No	No	No	No	No	No	No
Manzanita Sol Fountain Large	946	427	0	0	0	0	0	91	116	0	113	0		No	No	No	No	No	No	No
Tropicana Fruit Punch Fountain Large	576	112	0	0	0	0	0	96	29	0	29	0		No	No	No	No	No	No	No
Starry Fountain Fountain Large	946	384	0	0	0	0	0	88	104	0	104	0		No	No	No	No	No	No	No
Diet Pepsi Fountain Large	946	0	0	0	0	0	0	96	0	0	0	0		No	No	No	No	No	No	No
Pepsi Fountain Large	946	400	0	0	0	0	0	88	110	0	110	0		No	No	No	No	No	No	No
Sweet Iced Tea Fountain Large	960	187	0	0	0	0	0	147	48	0	48	0		No	No	No	No	No	No	No
Unsweet Iced Tea Fountain Large	960	0	0	0	0	0	0	133	0	0	0	0		No	No	No	No	No	No	No
Tropicana Lemonade Fountain Large	576	240	0	0	0	0	0	240	64	0	64	0		No	No	No	No	No	No	No
Pepsi Zero Fountain Fountain Large	946	464	0	0	0	0	0	176	123	0	120	0		No	No	No	No	No	No	No
Dr Pepper Fountain Fountain Large	576	112	0	0	0	0	0	64	29	0	29	0		No	No	No	No	No	No	No
Horchata Agua Fresca Party	3785	1707	0	384	384	0	0	3840	4096	0	3712	0		No	No	No	No	No	No	No
Pineapple Agua Fresca Party	3785	1707	0	0	0	0	0	1280	5248	0	5120	0		No	No	No	No	No	No	No
Jamaica Agua Fresca Party	3785	1387	0	0	0	0	0	640	4352	0	4224	0		No	No	No	No	No	No	No
Tropicana Fruit Punch Fountain Party	2304	448	0	0	0	0	0	384	115	0	115	0		No	No	No	No	No	No	No
Sweet Iced Tea Fountain Party	3840	747	0	0	0	0	0	587	192	0	192	0		No	No	No	No	No	No	No
Unsweet Iced Tea Fountain Party	3840	0	0	0	0	0	0	533	0	0	0	0		No	No	No	No	No	No	No
Tropicana Lemonade Fountain Party	2304	960	0	0	0	0	0	960	256	0	256	0		No	No	No	No	No	No	No
Rice Medium	150	224	65	8	1	0	0	1179	35	1	0	3		No	No	No	No	No	Yes	No
Rice Large	300	447	129	15	1	0	0	2359	70	2	0	6		No	No	No	No	No	Yes	No
Rice Jumbo	1803	2684	776	91	6	0	0	14153	423	11	0	39		No	No	No	No	No	Yes	No
Charro Beans Medium	240	206	85	9	1	0	8	557	19	10	1	11		No	No	No	No	No	No	No
Charro Beans Large	480	412	171	19	3	0	15	1114	38	20	3	22		No	No	No	No	No	No	No
Charro Beans Jumbo	2879	2472	1025	114	18	0	92	6681	226	122	18	131		No	No	No	No	No	No	No
Refried Beans Medium	240	206	85	9	1	0	8	557	19	10	1	11		No	No	No	No	No	No	No
Refried Beans Large	480	412	171	19	3	0	15	1114	38	20	3	22		No	No	No	No	No	No	No
Refried Beans Jumbo	2879	2472	1025	114	18	0	92	6681	226	122	18	131		No	No	No	No	No	No	No
Coleslaw Medium	169	247	0	19	3	0	34	466	19	3	16	1		Yes	No	No	No	No	No	No
Coleslaw Large	338	494	0	37	7	0	67	932	38	6	32	3		Yes	No	No	No	No	No	No

Coleslaw Jumbo	2028	2962	0	222	40	0	404	5589	225	33	192	17		Yes	No	No	No	No	No	No	No
Salad Medium	79	149	77	12	4	0	23	175	4	1	1	6		Yes	No	Yes	No	No	No	No	No
Salad Large	143	218	77	16	6	0	38	266	7	1	2	12		Yes	No	Yes	No	No	No	No	No
Salad Jumbo	832	1146	312	80	33	0	210	1424	42	9	13	70		Yes	No	Yes	No	No	No	No	No
French Fries Medium	134	275	2	13	3	0	0	3075	37	2	4	3		No	No	No	No	No	No	No	Yes
French Fries Large	267	549	4	26	6	0	0	6151	74	4	8	6		No	No	No	No	No	No	No	Yes
French Fries Jumbo	1282	2636	20	124	28	0	0	29524	355	22	38	31		No	No	No	No	No	No	No	Yes
Loaded Potato Medium	221	366	128	21	8	0	35	498	34	3	3	13		No	No	Yes	No	No	Yes	No	No
Loaded Potato Large	443	733	257	41	15	0	69	995	68	6	5	27		No	No	Yes	No	No	Yes	No	No
Loaded Potato Jumbo	2658	4396	1540	246	90	0	414	5973	410	38	31	159		No	No	Yes	No	No	Yes	No	No
Plantains Medium	156	305	45	5	14	3	0	10	53	6	20	3		No	No	No	No	No	No	No	No
Plantains Large	313	610	90	10	28	5	0	20	105	13	40	5		No	No	No	No	No	No	No	No
Plantains Jumbo	1875	3660	540	60	165	30	0	120	630	75	240	30		No	No	No	No	No	No	No	No
5 pack Corn tortilla(s)	118	250	34	4	0	0	0	25	50	8	5	5		No	No	No	No	No	No	No	No
5 pack Flour tortilla(s) #5	130	400	142	15	7	0	0	1050	62	4	0	9		No	No	No	No	No	No	No	Yes
2 Pack Roll(s)	70	200	0	2	0	0	0	360	38	2	6	6		Yes	No	Yes	No	No	Yes	Yes	Yes
Salsa Verde Small	38	189	185	22	2	0	0	154	1	0	1	0		No	No	No	No	No	No	No	No
Salsa Verde Medium	204	1011	988	115	8	0	0	820	6	2	3	1		No	No	No	No	No	No	No	No
Salsa Verde Large	408	2021	1977	231	17	0	0	1639	11	5	7	2		No	No	No	No	No	No	No	No
Salsa Roja Small	38	8	0	0	0	0	0	185	1	0	1	0		No	No	No	No	No	No	No	No
Salsa Roja Medium	204	45	0	0	0	0	0	986	7	2	5	2		No	No	No	No	No	No	No	No
Salsa Roja Large	408	89	0	0	0	0	0	1973	15	4	10	3		No	No	No	No	No	No	No	No
Habanero And Onions Small	17	6	0	0	0	0	0	109	1	0	1	0		No	No	No	No	No	No	No	No
Habanero And Onions Medium	91	34	1	0	0	0	0	581	8	1	3	1		No	No	No	No	No	No	No	No
Habanero And Onions Large	181	67	1	0	0	0	0	1161	15	3	7	2		No	No	No	No	No	No	No	No
Salsa Habanero Small	40	82	72	8	1	0	0	55	2	1	1	0		No	No	No	No	No	No	No	No
Salsa Habanero Medium	215	435	384	45	3	0	0	294	11	3	6	2		No	No	No	No	No	No	No	No
Salsa Habanero Large	431	870	769	90	6	0	0	588	22	7	12	5		No	No	No	No	No	No	No	No
Salsa Chile De Arbol Small	0	0	0	0	0	0	0	0	0	0	0	0		No	No	No	No	No	Yes	No	No
Salsa Chile De Arbol Medium	0	0	0	0	0	0	0	0	0	0	0	0		No	No	No	No	No	Yes	No	No

Salsa Chile De Arbol Large	0	0	0	0	0	0	0	0	0	0	0	0		No	No	No	No	No	Yes	No	No
Cheese Sauce Regular	51	69	0	5	1	0	6	391	5	0	1	1		No	No	Yes	No	No	Yes	No	No
Cheese Sauce Medium	202	276	0	21	5	0	23	1563	18	0	5	5		No	No	Yes	No	No	Yes	No	No
Cheese Sauce Large	404	552	0	41	9	0	46	3125	37	0	9	9		No	No	Yes	No	No	Yes	No	No
Pico De Gallo Regular	28	8	0	0	0	0	0	118	2	0	1	0		No	No	No	No	No	No	No	No
Pico De Gallo Medium	113	31	2	0	0	0	0	471	7	2	4	1		No	No	No	No	No	No	No	No
Pico De Gallo Large	227	62	4	0	0	0	0	943	14	3	7	2		No	No	No	No	No	No	No	No
Ranch Dressing Regular	14	80	77	9	2	0	8	85	1	0	1	1		Yes	No	Yes	No	No	No	No	No
Ranch Dressing Medium	56	320	306	34	6	0	30	340	2	0	2	2		Yes	No	Yes	No	No	No	No	No
Ranch Dressing Large	112	640	612	68	12	0	60	680	4	0	4	4		Yes	No	Yes	No	No	No	No	No
Guacamole Regular	88	65	0	6	0	0	0	99	4	3	0	0		No	No	No	No	No	No	No	No
Guacamole Medium	351	260	0	23	0	0	0	395	17	12	0	0		No	No	No	No	No	No	No	No
Guacamole Large	702	520	1	47	0	0	0	790	33	24	0	0		No	No	No	No	No	No	No	No
BBQ Sauce Regular	72	120	0	0	0	0	0	780	32	0	26	0		No	No	No	No	No	Yes	No	No
BBQ Sauce Medium	289	480	0	0	0	0	0	3120	128	0	104	0		No	No	No	No	No	Yes	No	No
BBQ Sauce Large	578	960	0	0	0	0	0	6240	256	0	208	0		No	No	No	No	No	Yes	No	No
Buffalo Sauce Regular	64	20	0	0	0	0	0	1600	0	0	0	0		No	No	No	No	No	No	No	No
Buffalo Sauce Medium	255	80	0	0	0	0	0	6400	0	0	0	0		No	No	No	No	No	No	No	No
Buffalo Sauce Large	510	160	0	0	0	0	0	12800	0	0	0	0		No	No	No	No	No	No	No	No
Italian Dressing Regular	64	30	0	2	0	0	0	880	4	0	4	0		No	No	No	No	No	No	No	No
Italian Dressing Medium	255	120	0	8	0	0	0	3520	16	0	16	0		No	No	No	No	No	No	No	No
Italian Dressing Large	510	240	0	16	0	0	0	7040	32	0	32	0		No	No	No	No	No	No	No	No
Cremosa Sauce Regular	54	109	96	11	1	0	0	73	3	1	2	1		Yes	No	No	No	No	No	No	No
Cremosa Sauce Medium	215	435	384	45	3	0	0	294	11	3	6	2		Yes	No	No	No	No	No	No	No
Cremosa Sauce Large	431	870	769	90	6	0	0	588	22	7	12	5		Yes	No	No	No	No	No	No	No
Meats per pound Pastor	272	471	107	12	7	0	230	1276	0	0	0	91		No	No	No	No	No	No	No	No
Meats per pound Bistec	808	1942	1294	144	65	0	503	713	0	0	0	144		No	No	No	No	No	No	No	No
Meats per pound Barbacoa	242	600	426	47	19	0	154	2506	4	0	0	39		No	No	No	No	No	No	No	No
Meats per pound Carne Asada	735	1748	1162	129	58	0	452	1304	1	0	0	129		No	No	No	No	No	Yes	No	No